



ASQ Section 0511
Board Meeting & Speaker Presentation
August 9, 2017

Starter

mixed green salad with house peppercorn dressing

Entrée

choice of the following mains

fresh grilled salmon

brown rice, brussels sprouts, parsley cream sauce

guinness beef stew

champ + brown bread

curry chicken

peas, carrots, onions +brown rice

noodles 'n' veg

creamy linguini, squash, mushroom, garlic, red pepper
+ brown bread, can add grilled chicken

bone in pork chop

champ, brussels sprouts, mushroom gravy

shepherd's pie

ground lamb & beef + brown bread

chicken pie

chicken, pearl onion, veggies, champ, +brown bread

Dessert

bread pudding + berry compote